

40 ROZA TARBIYATI JAIZA

ROZANA KA MAMUL

Name:..... Date:.....
To:.....

| FARZ NAMAZEN | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | |
|--------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|
| Fajar | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Zuhar | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Asar | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Magrib | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Isha | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Note: 40 Din Takbir-e-ula Ka Ihtimam Kia Jaye Is Ki Badi Fazilat Hai. Nabi Akram(s.a) Ka Irshad Hai Ke Jo Shakhs Chalis Din Ikhlas Ke Sath Is Tara Namaz Padhe Ke Takbir-e-ula Fout Na Hui Ho To Is Ko Do Parwane Milte Hain. Ek Parwana Jahannam Se Chutkare Ka Dusra Nifaq Se Bari Hone Ka (Tirmizi)

| NAFIL NAMAZEN | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | |
|---------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|
| Tahajjud | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ishraq | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Chasht | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Awwabeen | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| AZKAR | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | |
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| Suba Wa Sham Ki Tasbihat | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Zikar(hidayat Ke Mutabiq) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Tilawat-e-quran | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sura-e-yaseen | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sura-e-waqiya, Mulk (sune Se Pahle) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| GUNAHAUN SE IJTINAB | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | |
|-------------------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|
| Bad Nazari | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Gussa | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Gibat, Fuzul Goi. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Mobile Ka Galat Istimal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| GHARELO HUQUQ | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | |
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| Waliden Ki Khidmat | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Biwi Ko Infiradi Waqt Dena | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bachchon Ki Tarbiyat Ke Liye Waqt | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| HAFTAWARI AMAL | 1Hafta | 2Hafta | 3Hafta | 4Hafta | 5Hafta | 6Hafta |
|-----------------|--------|--------|--------|--------|--------|--------|
| Sura-e-kahaf | | | | | | |
| Salatut Tasbeeh | | | | | | |
| Haftawari Gasht | | | | | | |

NOTE: Allah Tala Ke Jo Huquq Zimma Me Hun In Ko Bahut Ohtimam Se Ada Kia Jay Jin Me Qaza Namazen, Qaza Roze, Kaffara, Zakat Hajj Wagaira Sab Dakhil Hain. Ye Khiyal Galat Hai Ke Toba Se Ye Sab Chizen Maaf Ho Jati Hain. Touba Se Takhir Ka Guna Maaf Hojata Hai Lekin Asal Haq Zimma Me Baqi Rahta Hai. Isi Tarah Apne Logon Ke Jo Jani Wa Mali Huquq Hain In Ko Ada Karne Ya Maaf Karane Ka Ihtimam Rakhen.

40 Roz Pabandi Wa Istiqamat Ke Sath Amal Karen Insha Allah Bahut Faida Hoga.
40 Din Ki Khususiyat Bazahir Is Waja Se Hai Ke Halat Ke Tagaiyyur Me 40 Din Ko Khas Dakhil Hai.

Minjanib: **BANDA MUHAMMED AYAZ INAAMI**
Yake Az Khuddam
Sirajul Millat Hazrat Moulana SAYYAD BILAL HUSAIN
Sahab Thanawi Madzillah

Nashir: **MAJLIS ISHAATUSSUNNAH MAPASA GOA**